



training

Young Adult Faith Formation

Part 1: Principles and Practice

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Sarah Jarzembowski

Consultant for Ministries with Young Adults

Sarah.jarzembowski@gmail.com



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Areas of Focus for Ministries with Young Adults

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Personal Identity

- ...is being challenged
- ... raising questions

We can support young adults through various forms of accompaniment...

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Developing Relationships

- ...new friends
- ...new mentors
- ...dating or engagement

Intentional accompaniment aids in deterring loneliness...

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Developing a Meaning of Work

- ...looking for mentors
- ...looking for personal improvement
- ...looking for meaning

Mentors offer a unique guide for young adults to connect work with God's call for their lives.

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Developing a Spiritual Life

- ...internalizing faith and traditions
- ...personal beliefs
- ...questions of faith

Offer opportunities for young adults to wrestle with questions of faith, meaning of life, and purpose.

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Synodal Process for Ministry

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See Listen Learn

- What is your story of faith?
- What brings you joy in life?
- What difficulties are you experiencing right now?
- How can I pray for you?

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Discern... fill in the gaps

- Where is the tension with what you hear?
- Who else do you need to listen to?
- What cultural families are missing from the conversation?
- What information do you need to learn more about?

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Act
a plan to move forward

- Share your thoughts
- Listen for responses
- Look at the calendar

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Styles of Formation




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Structured



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Organic



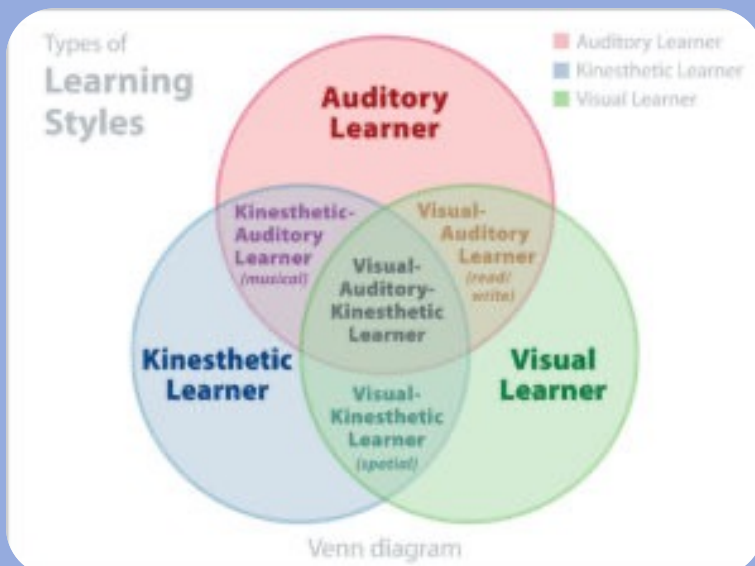
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Casual



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Learning Styles



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Auditory

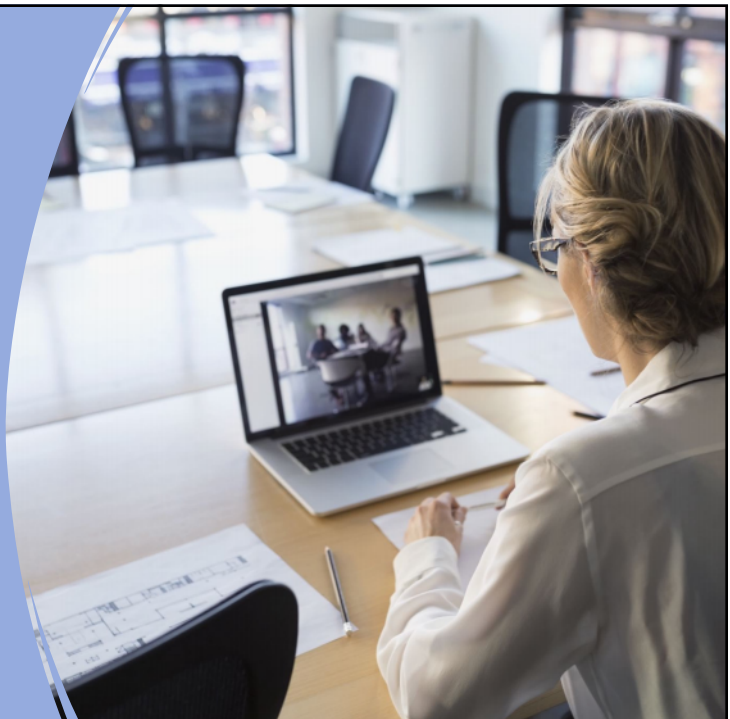
- Stories
- Examples
- Tone of voice



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Visual

- Images
- Charts and Graphs
- Visual Stories
- Videos
- Animation



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Kinesthetic

- Movement
- Activity
- Doing
- In the Space



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Program Models



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Physically Gathered

- Small church communities
- Guest speakers
- Retreat



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Online

- Livestream
- Webinars
- Asynchronous Courses
- Podcasts
- Articles
- Videos
- Books



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Hybrid

- Follow up materials
- Deeper dive
- Timely Resources
- Topical Framework



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A portrait of Sarah Jarzembowski, a woman with short brown hair, wearing glasses and a blue blazer, smiling. She is positioned in front of a wooden bookshelf filled with books and decorative items.

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