

The ten faith factors shaping each stage of life from birth to age 29

DISPLAY 5.2

Note: These factors are rooted in child development, adolescent development, adult development, and faith development.

Young children (ages 0 to 5)	Older children (ages 6 to 10)	Young adolescents (ages 11 to 14)	Older adolescents (ages 15 to 18)	Young adults (ages 19 to 29)
1. Feels valued and accepted	1. Connects to safe and stimulating adults and peers	1. Yearns to be part of a group that matters	1. Discovers a balance between acceptance and independence	1. Finds a unique place in the world with value and acceptance
2. Develops caring relationships	2. Thrives with consistent support and care	2. Craves support and fights it	2. Redefines meaningful support	2. Discovers an adult support system
3. Follows a curiosity for learning	3. Engages in learning and discovery	3. Feels conflicted about learning	3. Yearns to learn and succeed in meaningful ways	3. Explores curiosities and masters deeper learning
4. Celebrates milestones	4. Enjoys milestones	4. Celebrates milestones while resisting them	4. Enjoys meaningful milestones	4. Redefines and celebrates milestones
5. Tries meditation and prayer	5. Explores meditation and prayer	5. Wonders about meditation and prayer	5. Meditates and prays with questions	5. Meditates and prays
6. Serves and helps others	6. Develops fairness, justice, and compassion	6. Balks at some service; deepens on others	6. Creates a commitment to service	6. Becomes more compassionate
7. Attends worship services	7. Participates in worship services	7. Attends worship services with resistance	7. Participates in worship in ways that reflect a personal faith journey	7. Worships in ways that fit a personal value system
8. Observes adults who have purpose and meaning	8. Mimics adults who have purpose and meaning	8. Longs for meaning while wondering about it	8. Explores meaning and purpose	8. Searches for deeper purpose and meaning
9. Experiments with a personal spirituality	9. Becomes exposed to more religious and spiritual experiences	9. Desires religious and spiritual belonging	9. Questions religious and spiritual beliefs	9. Tinkers and challenges religion and spirituality
10. Explores how faith and life interact	10. Discovers how faith and life interact	10. Experiments with ways to integrate faith into life	10. Deepens faith integration while continuing to question	10. Develops an integrative faith independent of others